



ME First & ME After Programs

ME First

ME First is a 10-session group education/counseling program designed to help individuals sustain or increase their motivation to address their abuse of substances. Individuals participating in ME First participate in this program while awaiting admission to a substance abuse treatment program.

For more information on ME First, please contact:

Keith Faison
Senior Clinician
816-800-8056

ME After

ME After is a group education/counseling program for individuals who have completed treatment and are working to integrate into the community as a person in recovery from addiction.

In addition to weekly group sessions, participants may be matched with a Mentor who will provide additional support during the early stages of maintaining recovery while integrating into the community. ME After Mentors will provide weekly contact and support in developing and achieving an individual's recovery goals.